Be a Man.
Stand Up.

Stand Up if a brother, friend, classmate, or teammate is disrespectful or abusive to girls and women. Don’t look the other way. DON’T REMAIN SILENT. Urge him to seek help.

Stand Up and lead by example. Mentor and teach your brothers, sons, and young boys how to be MEN in ways that don’t involve degrading or abusing girls and women.

Stand Up for your girlfriends, wives, mothers, sisters, and daughters.

Men...it is up to us to make a difference.

MAVA is a community partnership seeking to guide and support individual, community, and social change to end violence against women and children.